

Stepping Out



A free, friendly walking group for ladies aged 16 years and above, starting in November.

We will meet at Cadge Road Community Centre for 6 weeks and take a gentle walk to various locations in the area, returning to the centre for a light buffet lunch.

The walks will last for about an hour.

Please contact Sally on 07932 589068 or sally.fox@henderson-norwich.org for more details.

