

# Free Half Term Activities

**Wednesday 29th May 12.00 - 3.00pm**

Henderson Recreation Ground, Norwich NR5 8QF

**Thursday 30th May, 10.00 - 3.00pm**

The Norman Centre, Bignold Road, NR3 2QZ

**Come and try some different ways  
to get your whole family active and  
find out more about our new project.**

Activities on the day include

**Wed – Nature Walk , Buggy Fit , Dance, Active Art  
and Active Families**

**Thus - Belly Dancing, Karate, Active Art, Yoga and  
Active Family sports!**

Numbers are limited, so book in advance or turn up and  
take a chance. To book and for more information contact:  
[pcoles@wea.org.uk](mailto:pcoles@wea.org.uk) or 07920 450 908



The WEA is a charity registered in England and Wales  
(no. 1112775) and in Scotland (no. SC039239).



[wea.org.uk](http://wea.org.uk)

# Families Get Active

**WEA**  
Adult Learning  
Within Reach